

# *Chateau Cupertino* ASSISTED LIVING SERVICES



The purpose of Chateau Cupertino's partnership with Agility Health is to provide you with "Assisted Living Services" to help you have a fulfilling, healthy and comfortable life at the Chateau. Our goal is to be proactive by providing education and health programming which can help you prevent accidents and health complications. With Agility Health's office located on site, arranging for personal care services is convenient and streamlined. We have listed below healthcare options to make your stay more enjoyable at the Chateau along with ideas for organizing your thoughts and you're medical, financial and legal papers. How do you begin planning? We have tried to provide you with some simple guidelines to help you with this important sometime overwhelming process.



**DO YOU HAVE A CALIFORNIA PREPARED WILL OR TRUST IN PLACE FOR YOU AND YOUR FAMILY WHEN YOU PASS AWAY?**

These documents are very important. Talk to your attorney about which one will meet your needs the best.

**THE FOLLOWING ITEMS MAY BE NEEDED EVEN IF YOU ARE HEALTHY OR HAVE HAD A MEDICAL ISSUE TO ASSIST YOU IN MAKING DIFFICULT DECISIONS.**



**IT IS RECOMMENDED THAT YOU HAVE YOUR CALIFORNIA “ADVANCE HEALTHCARE DIRECTIVE” IN PLACE. YOU MIGHT ASK, WHAT IS THIS?**

This allows you to appoint an individual, called a Health Care Agent or Proxy, who can make health care decisions on your behalf when you are unable to do so. It includes information for your Agent to make medical decisions, according to your stated wishes. The Power of Attorney for health care is different from a Power of Attorney for finances. This document should be put on file with your primary doctor, your hospital, the person you have endorsed to make your medical decisions and in the “Vial of Life” kit, stored in your apartment at the Chateau. You can get this paperwork online or from your hospital. This document does not require an attorney.

**DO YOU WANT A CALIFORNIA “DO NOT RESUSCITATE” OR “DNR” ORDER IN PLACE?**

This is a very personal matter. If you want a DNR in place, it is the responsibility of “the resident or their health care decision-maker” and there are some protocols you

must follow. You must have a California approved DNR form filled out by you and/or your health care decision-maker in addition to having your Doctor sign the form. The form dictates who must have a copy of the DNR form. Your DNR form must be renewed annually. This form must be located in the “Vial of Life” which you must keep in/on your apartment refrigerator. The Chateau strongly suggests getting a California approved medical necklace or bracelet that will advise the emergency healthcare professionals that you have a DNR order in place. The emergency healthcare professionals will know to verify your DNR request by getting information from your “Vial of Life” and/or your Doctor. Chateau Cupertino is a non-medical retirement facility and none of our staff are trained in any life saving techniques. If a resident has a life emergency, Chateau Cupertino staff’s protocol is to contact “911.”

**DO YOU HAVE YOUR CALIFORNIA “FINANCIAL POWER OF ATTORNEY” IN PLACE?**

This document allows someone (typically a family member, very close friend or Trust) to be able to pay your bills and meet your financial requirements on a daily basis if you are unable to do so for yourself temporarily or permanently. With your permission this document can be prepared by an attorney or completed online and notarized. However, most financial institutions and government agencies will require you to also sign one of their own forms which apply to them specifically.



*Since Chateau Cupertino is a nonlicensed Independent Senior Residential Facility, by law the Chateau is unable to provide a resident personal care. However whether you have had a stay in the hospital or have medical issues which affect you daily, Agility Health is available on site at the Chateau to coordinate care providers to assist with your Activities of Daily Living (ADL's).*

**HEALTH CARE OPTIONS ARE LISTED BELOW WITH EXPLANATIONS, DEFINITIONS AND OVERVIEWS OF THEIR SERVICES AND WHAT THEY PROVIDE:**

**HOSPITAL**—Deals with crisis health problems and stabilization of problems or elective surgeries such as hip replacement.

**ACUTE REHAB FACILITY**—After getting medically stabilized at the hospital, you may need intense rehabilitation 3 to 4 hours per day by physical therapy, occupational therapy, speech therapy as well as nursing, psychiatric support and social worker or case manager assistance.

**SKILLED NURSING FACILITY**—When you leave the hospital you may require less intensive therapy services, 1 to 2 hours per day without a hospital setting. This is more for recuperation of the patient with 24 hour medical back-up.

**HOME THERAPY SERVICES**—After returning to the Chateau from the above options, you can continue all therapy services here at the Chateau. These services are physical therapy, occupational therapy and speech therapy. Nurse and aide assistance can also be received at the Chateau from these companies as prescribed by a doctor.

**PERSONAL CARE SERVICES**—

While living at the Chateau if you are rehabilitating from a hospital stay or have health issues, you can still receive personal care services from a third party company. You can receive as much or as little assistance as you need up to 24 hour/7 day a week coverage. These services cover shower assistance, daily wellness check, medication management along with many other services.



The Chateau has partnered with third party health providers who are identified below. These companies are outstanding in their fields and will meet your Doctor's needs for your rehab, recovery and on going good health. In many cases Medicare will pay for these medical services.

Knowing your options is very important when you are making decisions about your health. Remember, you are responsible for your own health...make your decisions wisely. In order to allow things to stay simple the partners we have listed are very qualified companies to use while maintaining your health at the Chateau. You DO NOT however, have to use any of our recommended health provider partners. It is your choice unless otherwise agreed.



**ACUTE REHAB FACILITY**

Good Samaritan in Patient  
Acute Rehabilitation  
15891 Los Gatos Almaden Rd  
Los Gatos, CA 95032  
(408) 358-5689  
[www.goodsamsanjose.com](http://www.goodsamsanjose.com)

**SKILLED NURSING FACILITY**

HCR ManorCare  
1150 Tilton Drive  
Sunnyvale, CA 94087  
(408) 735-7200  
[www.hcr-manorcare.com](http://www.hcr-manorcare.com)

**HOME THERAPY SERVICES**

Nursing & Rehab at Home  
1301 Shoreway Drive  
Suite #190  
Belmont, CA 94002  
(408) 292-4272  
(650) 286-4272  
[www.nursingandrehabathome.org](http://www.nursingandrehabathome.org)

**PERSONAL CARE SERVICES**

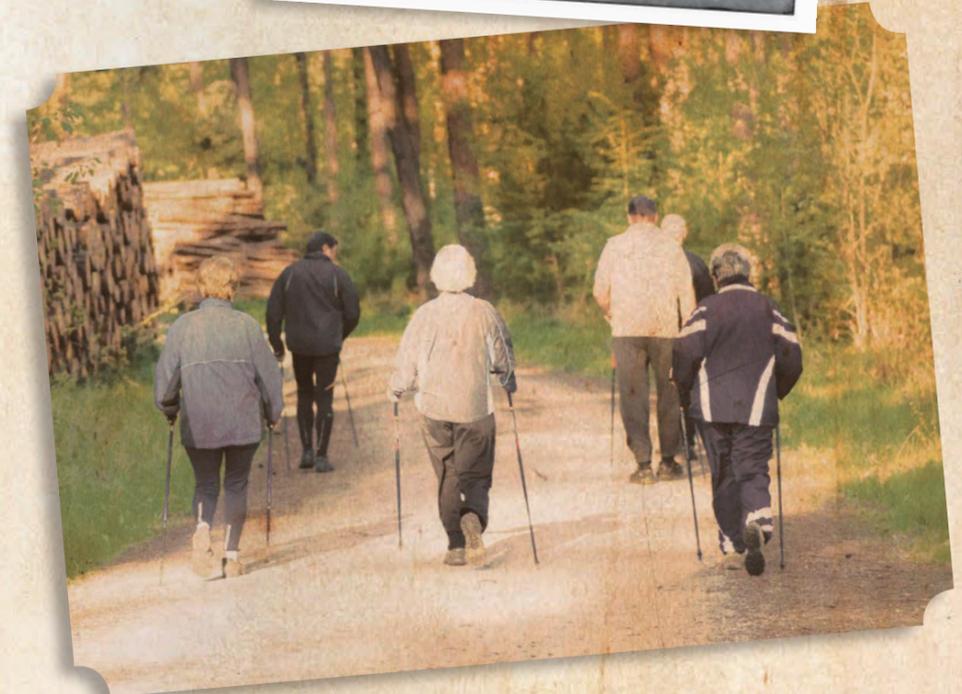
Agility Health  
1301 Shoreway Road,  
Suite 300  
Belmont, CA 94002  
(650) 453-5100  
[www.agility-health.org](http://www.agility-health.org)

**ASSISTED LIVING/MEMORY CARE**

Sunnyside Gardens  
1025 Carson Drive  
Sunnyvale, CA 94086  
(408) 730-4070  
[www.ssgal.com](http://www.ssgal.com)

**REALTOR & MOVING ASSISTANCE**

Tailored Transitions  
1567 Meridian Avenue  
San Jose, CA 95125  
(408) 300-3590  
[www.TailoredTransitionsRE.com](http://www.TailoredTransitionsRE.com)  
[stacybusch@gmail.com](mailto:stacybusch@gmail.com)



### STATE SENIOR INFO

Council on Aging  
2115 The Alameda  
San Jose, CA 95126  
(408) 296-8290  
[info@scccoa.org](mailto:info@scccoa.org)

### MENTAL HEALTH

Older Adults Transition  
Services (OATS)  
El Camino Hospital  
Behavioral Health Services  
2660 Grant Road, Suite D  
Mountain View, CA 94040  
(650) 940-7138



### CHATEAU CUPERTINO REFERRAL SERVICES

The Chateau's front office has much more to offer you regarding time saving referrals and tips. If you need help organizing your apartment, need movers to assist moving into the Chateau or a pet sitter we can help you. If you feel you are looking for a licensed assisted living facility or nursing home, check with the Chateau first. It will save you a lot of time. Of course there is no charge for this service.